

Apple & Walnut Salad

Ingredients:

Juice of 1 lemon
1 tsp. sugar
3 tbsp. extra virgin olive oil
1 head endive, cored & thinly sliced crosswise
2 Granny Smith apples, peeled, cored & diced
¼ cup walnuts, roughly chopped
Salt & freshly ground black pepper

Directions:

In a large bowl, whisk together the lemon juice and sugar. Whisk in the olive oil. Add the endive, apples and walnuts. Season with salt & pepper and serve.

Serves 4