

Kim's Lo-cal Simple Salad

Ingredients:

- Store bought rotisserie chicken
- 1 bag salad spring mix
- Rice Vinegar
- Mrs. Dash Chipotle seasoning



Directions:

I start with a store bought rotisserie chicken, remove the skin and remove the chicken breast. With two forks shred the chicken and place in a bowl. Sprinkle the chicken with Mrs. Dash Chipotle seasoning and Rice Vinegar to taste.

Mix in the field greens and serve. I like it with a glass of red wine!

Warning: the seasoning is spicy so use sparingly.