

Spicy Cauliflower Salad

Ingredients:

4 anchovy fillets, packed in salt, rinsed & drained
1 tbsp. capers, packed in salt & rinsed
1 head cauliflower, florets only, chopped
½ cup fresh parsley, chopped
Salt to taste, freshly ground black pepper, to taste
2 tbsp. extra virgin olive oil

Directions:

Chop anchovies and capers and put in a large bowl. Add cauliflower and parsley, season with salt & pepper and add olive oil. Mix well. Set aside for a few minutes so the flavors will combine and serve.

Serves 4