

Squash Soup

Ingredients:

- 1 Butternut Squash – peeled and cut into chunks
- Salt, Pepper, Nutmeg to taste
- 3 – 14 oz. cans Chicken broth
- 1 Onion – diced
- 2 Tbsp. Olive Oil for sauté

Directions:

In a large pot sauté onion and squash in olive oil until onions are translucent. Add chicken broth and simmer until squash is cooked. Let cool, blend mixture with immersion blender.

Serve with drizzle of olive oil – dash of nutmeg optional.